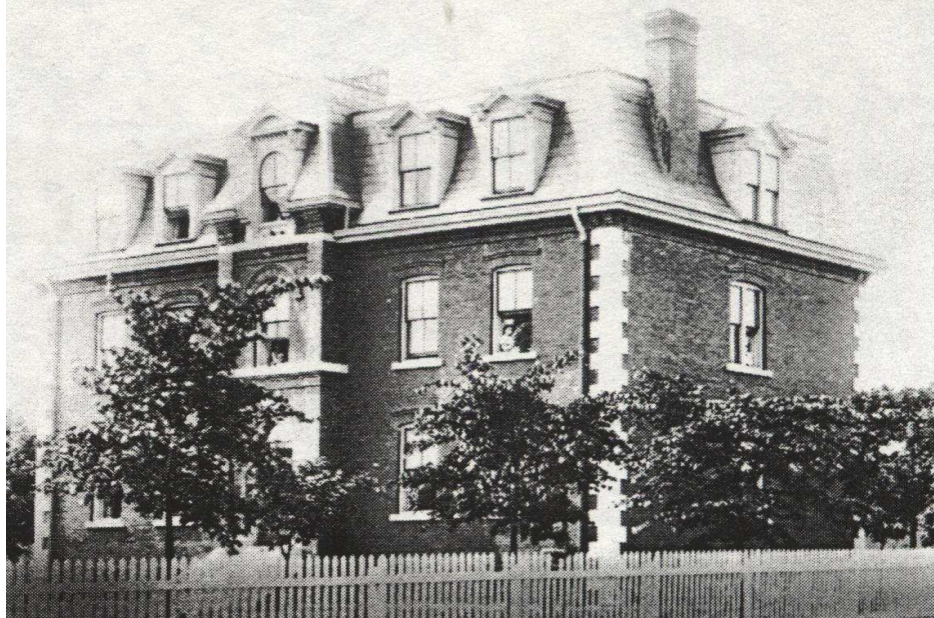


FIRST NURSES HOME – 1890- VGH



RESIDENCE RULES

- duty to take care of your health – avoid chills
- 8 hours sleep a night; outdoor exercises daily
- wash hands frequently;- hair above collar or netted;- no jewelry or flowers worn if in uniform;- no wearing uniform on the street
- no visitors or smoking in room; no paper, combings, eatables thrown into ‘SLOP JAR’
- lights out 10:30 pm
- room always open for inspection by Superintendent
- walls not defaced in any way
- room aired & dusted daily